

LIBERATING JASPER

an authentic and inclusive healing community

Phone/Fax: (253) 444-2311

www.LiberatingJasper.com

Outpatient Mental Health Therapist

www.LiberatingJasper.com; 253-444-2311, ext. 101

Apply online at www.LiberatingJasper.com

The **Mental Health Therapist** is part of an integrated team of providers - along with nutrition counselors, interns, and operations staff - who are responsible for providing the most healing and inclusive standard of care for clients. The Mental Health Therapist provides individual mental health therapy, coordination of care, and may facilitate therapeutic and/or support groups. The mental health therapist is a vital member of our outpatient healing community in upholding Liberating Jasper's core values of anti-racism, anti-oppression, trauma-informed, fat-positive, and compassionate body liberation work.

This position requires a minimum of 20 client session hours per week. Benefits at 20+ hours per week include: medical/dental/vision insurance and paid time off. Starting rate of \$60/hr.

Applicants with underrepresented identities in the eating disorder field are strongly encouraged to apply.

Job responsibilities and expectations include:

- Practicing from a clinical approach aligned with Liberating Jasper's core values

- Conducting a minimum of 20 client sessions per week, which requires scheduling 22-24 per week to account for cancellations/no-shows
- Completing all clinical notes and documentation by noon on Monday for the previous week
- Attending weekly staff meetings, trainings, and group consultation
- Participating in weekly supervision
- Conducting initial, weekly, and discharge sessions with clients centering individualized and personal eating disorder care
- Collaborating with Liberating Jasper nutrition team and outside providers for continuity of care
- Responding to new client assignments within 2 business days
- Contributing to the organizational culture in a positive and collaborative manner

Candidate Must-Haves:

- Licensed therapist in Washington state (associate license will be considered)
- Eating disorder, anti-diet, anti-oppression, fat-positive, Health at Every Size experience and values
- 1-2 years experience in the body liberation/eating disorder field
- Be comfortable providing both in-person and virtual sessions

We provide a compassionate healing community for those searching to heal their relationship with food and body.

Our offerings include outpatient therapy and nutrition services, support groups, and retreats for the spectrum of disordered eating and body distress.

We seek to inspire, liberate, uplift, and hold space for the voices of those that have been silenced for too long.

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